



## COVID-19 Protocols

If...	May I Come to School?	What do I do?
I test <b>positive</b> for COVID-19	<ul style="list-style-type: none"> <li>No.</li> <li>Per the CDC guidelines, individuals with known or suspected COVID-19 (including students and faculty) may return to campus after:               <ul style="list-style-type: none"> <li>10 days since symptoms first appeared AND</li> <li>24 hours fever free w/o fever-reducing medication AND</li> <li>COVID-19 symptoms have improved</li> </ul> </li> <li>Alternatively, an individual may return to school after two negative COVID tests.</li> <li><a href="#">Read more here</a></li> </ul>	<ul style="list-style-type: none"> <li>Contact the school nurse to notify of positive test.</li> <li>Contact your principal to discuss school-work options during quarantine</li> <li>Return to on-campus learning after the CDC protocols for ending self-quarantine are met</li> </ul>
I have <b>symptoms</b> for COVID-19	<ul style="list-style-type: none"> <li>No.</li> <li>Per the CDC guidelines, individuals with known or suspected COVID-19 (including students and faculty) may return to campus after:               <ul style="list-style-type: none"> <li>10 days since symptoms first appeared AND</li> <li>24 hours fever free w/o fever-reducing medication AND</li> <li>COVID-19 symptoms have improved</li> </ul> </li> <li><a href="#">Read more here</a></li> </ul>	<ul style="list-style-type: none"> <li>Contact the school nurse to notify of the symptoms.</li> <li>Contact your principal to discuss school-work options during quarantine</li> <li>Return to on-campus learning after the CDC protocols for ending self-quarantine are met</li> <li>In some cases, a negative COVID test can rule out COVID and enable a return to school.</li> </ul>
I have had <b>close contact</b> with someone who tests <b>positive</b> for COVID-19	<ul style="list-style-type: none"> <li>No.</li> <li>Per the CDC guidelines, individuals with <b>close contact</b> to someone who tests positive for COVID-19 need to self-quarantine for 14 days, beginning from the most recent close contact event</li> <li><a href="#">Read more here</a></li> </ul>	<ul style="list-style-type: none"> <li>Contact the school nurse to notify of positive test.</li> <li>Contact your principal to discuss school-work options during quarantine</li> <li>Return to on-campus learning after the CDC protocols for ending self-quarantine are met</li> </ul>
I had <b>exposure</b> (but not close contact) to someone who tests positive for COVID-19 up to 48 hours prior to the individual's symptoms	<ul style="list-style-type: none"> <li>Yes.</li> <li>You may come to campus, provided you continue to self-monitor for symptoms</li> <li>It is recommended, but not required, that you get tested for COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>Contact the school nurse to notify of possible exposure.</li> <li>Decide whether or not to voluntarily self-quarantine, and contact your principal as needed.</li> </ul>
I have a <b>fever</b> (100.4° F or higher) w/o other symptoms of COVID-19	<ul style="list-style-type: none"> <li>No.</li> <li>Wait for the completion of 24 hours fever-free (w/o medication) and contact the school nurse.</li> </ul>	<ul style="list-style-type: none"> <li>Return to campus after confirming with school nurse.</li> <li>In some cases, a negative COVID test can confirm that a full quarantine is not applicable.</li> </ul>

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## COVID-19 Protocols FAQ

### How does The Academy define “close contact” versus “exposure” when determining whether or not to require a self-quarantine?

- The CDC has a detailed explanation of what counts as “close contact” ([found here](#)), but this generally consists of spending at least 15 minutes closer than 6 feet to an individual with COVID. However, this is a guideline, and not a concrete rule. Parents are encouraged to consider carefully how much breathing of the same air has occurred. A sneeze in someone’s face, for example, creates immediate close contact. 3 minutes of wrestling is likely more dangerous than 15 minutes 5 feet apart. When in doubt, we encourage parents to discuss concerning exposures with the school nurse.

### If a parent gets COVID, how long does the child’s quarantine last?

- Assuming there is continued close contact, as is typically the case when living in the same house, the 14 day quarantine period for the child does not begin until *after* the parent’s 10 day quarantine has concluded, meaning the child’s quarantine will last at least 24 days.

### How will I know if my child had “close contact” at school?

- The school will notify you if your child is considered to have had “close contact” to an individual with COVID and needs to self-quarantine.

### How will I know if my child had “exposure” at school?

- The school will notify you if your child is considered to have had “exposure” to an individual with COVID. You will have the option of a self-quarantine for your child, but will not be required to do so.

### If my child has COVID symptoms at school, what happens next?

- With parental permission, the school nurse can initiate a virtual office visit with a medical provider. If the medical provider orders a COVID test, this can be administered onsite at The Academy and the results are ready in about 15 minutes.

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### **If my child has COVID symptoms at home, what happens next?**

- If symptoms have developed at home, we encourage families to discuss their child's illness with his/her primary care physician. However, drive through testing may be available at The Academy on a case-by-case basis, and you are welcome to contact the school nurse to learn more.

### **Can my child get a COVID test even if there are no symptoms present?**

- Contact the school nurse to discuss your concerns. In general, The Academy expects to play a role in COVID testing when a student or staff member has questionable symptoms and it's helpful to "rule out" COVID as the cause.

### **How will I know if other children have had "close contact" or "exposure" at school?**

- The school will not notify families of other family's close contacts or exposures. If you hear concerning anecdotes or rumors, we encourage you to discuss your concerns directly with your principal or the school nurse.

### **Will the school share the names of individuals with COVID?**

- No. In general, the grade and model of the student will be shared with those identified as having had close contact or exposure.

### **If a person within a household tests positive for COVID, will that entire household be asked to remain home and quarantine?**

- Typically, yes. Contact the school nurse to determine whether or not there has been close contact.

### **If a classmate tests positive for COVID, will the entire class need to quarantine?**

- This will depend on the facts and circumstances, as determined by the administration, and guided by the COVID-19 Protocols. The Academy is working hard to reduce close contact to the greatest extent possible.

### **If one family member is quarantined, will the rest of the family also need to quarantine?**

- Not necessarily. For example: A third grade student that begins a quarantine due to close contact with an individual who has contracted COVID does not translate into automatic

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close contact for a 4<sup>th</sup> grade sibling. Only if the 3<sup>rd</sup> grade student goes on to develop symptoms for COVID would the rest of the family join in quarantining.

### **Will hallway contact create close exposure?**

- In most circumstances, no. In addition to the entire community wearing face coverings in the hallways, it would be unlikely for close proximity to be maintained for more than a few moments.

### **What will happen if my child has a runny nose or mild cough?**

- The school nurse will consult with administration, parents, and the Academy Physician Advisory Group to determine whether or not there is concern that the child has symptoms of COVID.

### **Will the school require a student to undergo COVID testing?**

- In certain circumstances testing may quicken a return to the classroom, but we do not anticipate this as a requirement.

### **What are the options for continuing schooling during a COVID quarantine?**

The specific offerings for virtual education depend on the student's grade level. Broadly speaking, COVID quarantines can be treated like any other absence or can take advantage of one or more virtual learning options through The Academy Online.

### **I still have questions. Who do I talk to?**

You are welcome to contact your Principal, the Assistant Headmaster, or the School Nurse. The nurse's contact info is:

Katie Barrier, RN

[kbarrier@theacademyok.org](mailto:kbarrier@theacademyok.org)

405-240-4444

Office Hours: Mon-Thurs during the school day

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